



O'Connell Adult Education Centre Caherciveen, Co. Kerry

066 – 9472414

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Online registration: www.fetchcourses.ie

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Spring 2019



EUROPEAN UNION

Investing in your future
European Social Fund



Full-time Courses

VTOS course (Vocational Training Opportunity Scheme)

APPLY NOW FOR AUGUST 2019 START.

This is a full-time QQI course Monday to Friday September to June.

Open to those who are:

- age 21 or over
- unemployed for at least 6 months OR in receipt of a qualifying Social Welfare payment OR signing for credits for at least 6 months OR have received Statutory Redundancy.
- Applicants will retain their entitlements.

Application Details: Application forms are available from Centre. Interviews will apply for all applicants.

Contact **Joe Brennan** VTOS Co-Ordinator **066-9762748 / 9472414**

Tour Guiding – APPLY NOW FOR AUTUMN 2019 START

This is a full-time QQI course Monday to Friday for 16 weeks from Oct 2019.

Open to those with:

- QQI Level 5 award, Leaving Cert or equivalent qualification and/or relevant life and work experience.

This course will equip participants with the professional, technical, social and administrative skills to offer quality guiding service to a range of market profiles and tailored requirements.

Course Content:

Guiding, Irish Culture and Natural Heritage, Enterprise Development, Career Planning and Work Experience, First Aid.

Certification:

6S2038 QQI Level 6 Special Purpose Award in Regional and Local Guiding

Application Details: Interviews will apply for all applicants.

Free Fees apply to all applicants.

Contact **Sinéad Geary** Centre Manager **066-9472414** info@oconnellcentre.ie

Part-time Courses

Train the Trainer QQI Level 6

Acquire the skills, confidence and qualifications to become a certified Trainer.

On completion of the course successful participants will receive the QQI Level 6 award *Training and Development 6S3372* comprising the modules, *Training Needs Identification and Design 6N3325* and *Training Delivery and Evaluation 6N3326*
Evenings and 2 Saturdays 10 weeks €455 (*Fee supports available to eligible applicants.*)

Starting January 28th, 2019

BTEI Courses

Under the Back to Education Initiative (BTEI) part-time programme, learners can gain a QQI (formerly FETAC) cert. BTEI courses are now free up to Level 5 for all participants.

Healthcare

Apply now for Autumn 2019 start of new Healthcare course.

Spring 2019 modules: **Work Experience with Care Support** – must have prior modules completed in order to apply for this.

First Aid Responder (PHECC)

Option 1: Wednesday 7pm - 10pm 7 weeks

Option 2: Saturday 9.30am – 5pm 3 Days

Computer Skills - Spreadsheets (Excel) 5N1977

Wednesday 9.30am – 2.30pm 15 weeks

Understanding Special Needs 5N1709

Monday 7pm – 10pm + 2 Saturdays 12 weeks

Childcare - Early Childhood Education and Play 5N1773

Tuesday and Thursday 7pm – 10pm 10 weeks

Horticulture – Plant Identification and Maintenance 4N1186

Monday 9.30am – 1.30pm 13 weeks

Community Education

Community Groups are welcome to contact the centre directly if they would like a course for their group.

Mindfulness

Learn about ways to improve mental balance and physical health in a frantic world.

Thursday 10.30 am – 12.30pm 4 weeks

Puppetry

Using a set of hand-made puppets and a theatre created in the previous course, participants on this course will work together with a group of young adults at Cúnamh House, to write scripts and put on some socially-minded shows to explore a variety of themes.

Wednesday 10.30am – 12.30pm 8 weeks

Woodwork Workshop – 1 day

Try your hand at something new! Create a woodcraft design for your home, garden or community.

Saturday 10am – 3pm

Floral Art (Flower Arranging)

Learn to make creative floral arrangements with an award-winning Flower Arranger.

Friday 3pm – 5pm 6 weeks

Exercise with the Caherciveen Active Retired Group

Tuesday 11am - 12 noon 4 weeks

Other Courses / Workshops

Tool-kit for Community Development and Engagement

Are you working or volunteering in your community - In the Arts, Tidy-Towns, Youthwork, Community Planning, Cultural Regeneration or another community setting? Are you keen to learn effective community engagement strategies?

Through the development of the following real project, an edible-medicinal sculpture trail in Cahersiveen, you will learn a systemic approach to:

- strategic project development, management and implementation (utilising policy, project planning, fundraising, evaluation),
- partnership building
- design thinking

This will be achieved using practical methods that you can adapt to your own projects and context.

Course running in collaboration with CoDesRes 2018 - 20 - EPA funded project

Dates TBC €120 (Fee subsidy will be available by CoDesRes – EPA project and Creative Ireland)

Astronomy (Dark Sky)

An introduction to practical Astronomy with Kay O'Connor. Learn about the night skies, gain the necessary skills to stargaze under our pristine Gold Tier Reserve canopy. Discover how to use star-maps, understand moon phases and navigate the constellations and planets. To ensure an authentic experience of stargazing some

classes will involve outdoor observing and stargazing activities. Learn how to set up and use a telescope, develop binocular and naked eye skills in a fun interactive setting. Suitable for complete beginners and those with some experience.

Monday 7pm – 9pm 6 weeks €70

Manicure

Learn to carry out a full professional looking manicure for family and friends in a safe and hygienic way. Learn to file, buff, carry out cuticle work, hand and arm massage, and nail polish application techniques.

Wednesday 7pm – 9pm 6 weeks €70 + materials

Cookery Demos

Learn easy to follow recipes.

Wednesday 7.15pm – 9.15pm 4 weeks €50 + ingredients

Keeping accounts

Learn to keep track of your accounts using a manual system or a spreadsheet.

Income and Expenditure

Cash Book and banking

Up to Trial Balance

Dealing with the Revenue

Payroll and VAT

Wednesday 7 – 9pm 8 weeks €95

Painting for Pleasure

Develop your artistic side in this relaxing painting class.

Monday 10am – 12 noon 8 weeks €95

Pilates

Gentle form of exercise that is suitable for all adults and fitness levels.

Monday 7pm – 8pm 8 weeks Cost: €50

Yoga for Men

Develop physical and psychological suppleness. Learn relaxation and breathing techniques.

Monday 8.15pm – 9.15pm 8 weeks Cost: €50

To secure the minimum numbers needed for the class to go ahead, any class fees must be PAID IN FULL BEFORE the course starts. A minimum of 10 people is needed for a course to go ahead.

SOLAS Participant Form must be completed in full prior to starting all courses.

Adult Literacy & Basic Education (ABE)



Reading, Writing, Spelling & Numeracy, Computers, Driver Theory and more...

You can have one to one tuition or be part of a small group. You can decide what you want to work on and learn at your own pace with an understanding tutor.

Contact **Deirdre Fitzgerald** Adult Literacy Organiser **066-9473166 / 9472414**

Information is accurate at time of publication, adjustments to programme may arise.